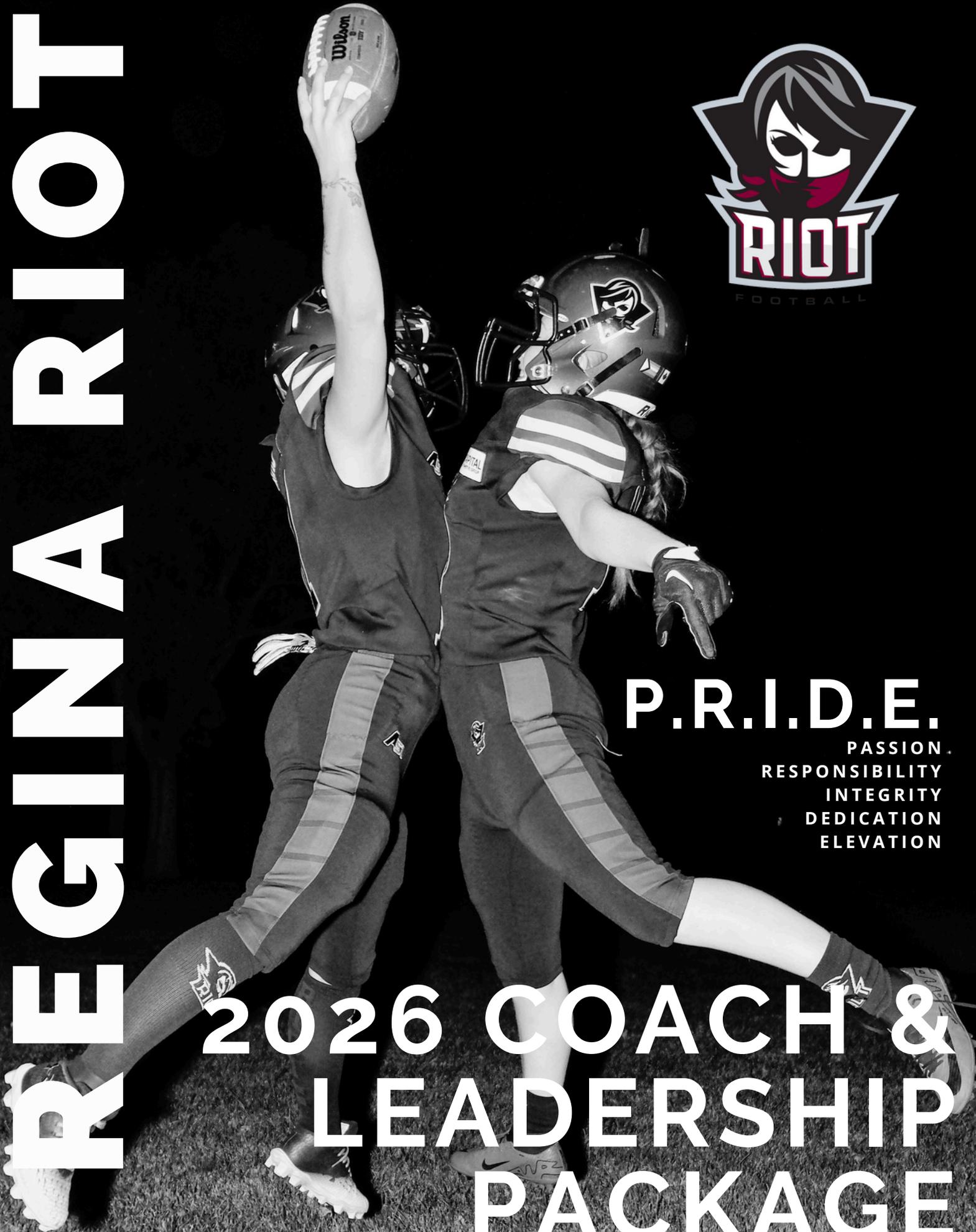


**REGINA RIOT**



**P.R.I.D.E.**

PASSION  
RESPONSIBILITY  
INTEGRITY  
DEDICATION  
ELEVATION

**2026 COACH &  
LEADERSHIP  
PACKAGE**

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# WHO WE ARE

## OUR HISTORY

We are Regina's only elite-level women's tackle football program. Established in 2011, the Riot have been members of the Western Women's Canadian Football League (WWCFL) since the league's inception. We compete against teams from Saskatoon, Edmonton, Calgary, Winnipeg, and Lethbridge. In 2015, we claimed our first title by defeating the Edmonton Storm in the WWCFL Championship Game. We went on to win back-to-back championships in 2017 and 2018.

But we're more than just football players. We are students. We are business owners. We are mothers. We are volunteers within the Regina community. And we're committed to growing the sport of women's football in this city, in this province, and in this country.

## OUR VISION

Empower women through the sport of tackle football. The Regina Riot is known for creating a supportive and inclusive environment where athletes can grow, compete, and thrive.

## OUR VALUES

### P.R.I.D.E.

**PASSION** for the game and community, fueling commitment and enthusiasm.

**RESPONSIBILITY** and accountability in every action, on and off the field.

**INTEGRITY** in all decisions, ensuring fairness and ethical conduct.

**DEDICATION** to personal and team growth, with perseverance through challenges.

**ELEVATION** in performance, aiming for the highest standards of success.

## OUR MISSION

We strive to build a strong community of players who are not only skilled on the field but also confident and resilient off the field, known as leaders in our community and dedicated to being positive role models. Through teamwork, dedication, and passion for the game, we aim to inspire positive change, expand opportunities for women in sport, and pave the way for the next generation of female athletes to succeed.

# COACH & STAFF CODE OF CONDUCT

## Purpose

The purpose of this code is to articulate expectations for all staff, whether full-time, part-time, or casual. The code applies to the full coaching and leadership team – coaches, recruiters, administrative support, and trainers.

## Guiding Principles

The Regina Riot Football Club is a supportive and inclusive community that aspires to excellence. We are dedicated to nurturing an environment that supports players in reaching their full athletic and personal potential.

Coaches have a unique role to play within this environment. They are highly visible in the external community, and play an important mentorship role, both for our players as well as young athletes in the city. In this high-profile role, it is expected that all coaches associated with the Regina Riot Football Club conduct themselves with integrity and to the highest standards of conduct in competition, in practice, in all public forums, and online. We place great value in ensuring an environment that is safe, positive, respectful and conducive to the pursuit of athletic excellence.

## Behavioral Expectations for Coaching Staff

All coaching staff are expected to abide by the following commitments:

- to treat others with the utmost respect and dignity;
- to engage in behavior that enhances the image of the Regina Riot Football Club;
- to apply the core values of fairness and player safety;
- to work to eliminate sexist, racist, and/or discriminatory behavior and language, both personally and within the team;
- to not use profane, insulting, harassing and otherwise offensive behavior and work to promote a similar environment amongst the team;
- to treat opponents and officials with due respect, both in victory and defeat and encourage athletes to act accordingly;
- to actively encourage athletes to uphold the rules of their sport and the athlete code of conduct.

To meet these expectations, adherence to the following regulations is required (coaches are responsible to communicate these expectations to their teams/athletes):

- Hazing/initiation activities of any type are NOT permitted. (Hazing activities are defined as: any action taken or situation created as part of initiation to or continued membership on a team, which produces or could be expected to produce mental or physical discomfort, harm, stress, embarrassment, harassment, or ridicule.)
- The consumption/use of alcohol or illegal/banned substances while on route to, or at the site of athletic events/contests, competitions or practices is NOT permitted. At Regina Riot Football Club or WWCFCL sanctioned events, or those events sanctioned by other Football Sask/Canada member institutions where alcohol may be available, representatives of the team are required to adhere to all provincial and/or federal laws and conduct themselves responsibly.
- The purchase of alcohol for athletes is strictly prohibited.
- The use of illegal drugs or performance-enhancing drugs, per WWCFCL & Football Canada regulations, is prohibited;
- Fighting and/or property damage is prohibited.
- The use of tobacco is prohibited during team transport and at any competition facility, team room, etc.
- Any postings on any social media including Facebook, Twitter, Instagram, etc. are subject to the Code of Conduct expectations

All players, coaches, team staff members, and volunteers of the Regina Riot Football Club are required to always behave in a manner consistent with the Regina Riot Football Club Code of Conduct.

## **Prohibited Conduct**

The following prohibited conduct applies to coaches, support staff, volunteers and administrators who are defined as Individuals below:

\*\* Adapted from the Code for Prohibited Conduct in Sport (Canadian Centre for Ethics in Sport)

The following conduct is expressly prohibited by a coach:

1. The coach shall not have sexual relations, or sexual intimacy of any description, with any athlete the coach is coaching or with any other sport participant the Individual has access to in the sport environment.

2. The coach shall adhere to Football Sask's Safe Sport Policy and refrain from all types of sexual misconduct in the sport environment. Age is not relevant to allegations of sexual misconduct. For the purposes of this Code, sexual misconduct shall include either or both of the following:

- the use of power or authority in an attempt, successful or not, to coerce another person to engage in or tolerate sexual activity. Such abuses of power and authority include, but are not limited to, explicit or implicit threats of reprisals for non-compliance or promises of reward for compliance;
- engaging in deliberate or repeated unsolicited sexually oriented comments, anecdotes, gestures or touching, that: i. are offensive and unwelcome, or ii. create an offensive, hostile or intimidating environment, or iii. can reasonably be expected to be harmful to participants in the sport environment.

3. The coach shall not use or possess illegal drugs or substances, as defined by the Criminal Code of Canada, while participating in the sport environment.

4. When driving a vehicle anywhere with an athlete or other sport participant inside, the coach shall not: (i) consume alcohol; or (ii) have their license temporarily or permanently suspended due to an elevated blood alcohol level; or (iii) be under the influence of illegal drugs or substances, as defined by the Criminal Code of Canada.

5. The following Criminal Code of Canada convictions are fundamentally inconsistent with the coach's continued involvement with athletes and sport participants. Proof of the coach's conviction for any of the following Criminal Code of Canada offences, whenever obtained, shall be a breach of this Code:

- a. Any offences involving child pornography
- b. Any sexual offences involving a minor
- c. Any offence of assault involving a minor
- d. Any offence of physical or psychological violence involving a minor

6. The coach shall not engage in deliberate cheating or breaching of WWCFR regulations which is intended to manipulate the outcome of a competition.

7. The coach shall not offer or receive any bribe and shall not offer or receive any similar benefit which is intended to manipulate the outcome of a competition. The coach shall not attempt to cover up or conceal any conduct of any coaching staff member that is, or may be, in breach of this Code, or any athlete in violation of the Player Agreement.

## Code of Ethics

All coaches associated with the Regina Riot Football Club agree to follow the National Coaches Certification Program (NCCP) Code of Ethics (2016) below:

### Ethical Principles and Their Corresponding Behaviours/Expectations

#### Principle Standards of Behaviour Expected of Coaches

##### Physical safety and health of athletes

- Ensure that training or competition site is safe at all times
- Be prepared to act quickly and appropriately in case of emergency
- Avoid placing athletes in situations presenting unnecessary risk or that are beyond their level
- Strive to preserve the present and future health and well-being of athletes

##### Coaching responsibly

- Make wise use of the authority of the position and make decisions in the interest of athletes
- Foster self-esteem among athletes
- Avoid deriving personal advantage for a situation or decision
- Know one's limitations in terms of knowledge and skills when making decisions, giving instructions or taking action
- Honour commitments, word given, and agreed objectives
- Maintain confidentiality and privacy of personal information and use it appropriately

##### Integrity in relations with others

- Avoid situations that may affect objectivity or impartiality of coaching duties
- Abstain from all behaviours considered to be harassment or inappropriate relations with an athlete. Always ensure decisions are taken equitably.

##### Respect

- Ensure that everyone is treated equally, regardless of age, ancestry, colour, race, citizenship, ethnic origin, place of origin, language, creed, religion, athletic potential, disability, family status, marital status, gender identity, gender expression, sex, and sexual orientation
- Preserve the dignity of each person in interacting with others
- Respect the principles, rules, and policies in force

##### Honouring sport

- Strictly observe and ensure observance of all regulations
- Aim to compete fairly
- Maintain dignity in all circumstances and exercise self-control
- Respect officials and accept their decisions without questioning their integrity

# WHO'S WHO IN THE RIOT ZOO

Have questions?

Reach out to us!



## REGINA RIOT HEAD COACH

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## REGINA RIOT BOARD OF DIRECTORS

[reginariotboard@gmail.com](mailto:reginariotboard@gmail.com) - inbox shared by the following members

Ashley Bisskey, President

Céleste Schnell, Vice President

Angie Douville, Secretary

Matthew McGillivray, Treasurer

Sam Becker, Member at Large

Danae Nicholson, Member at Large